

GROWTH

TRACK



LEAD

LEAD

LEAD

LEAD



CATHEDRAL
& CHAPELS



Welcome to our Leaders training session. Being a leader is an integral part of King's Cathedral and Chapels. It is imperative that all leaders know and grasp the heart and DNA of K.C. In this training, you will find the information needed to help inspire and equip you with the vision, as well as give you the tools needed to be a phenomenal leader.

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THE HEART OF LIFEGROUPS

Jesus had a life group--the disciples. He taught each one the truth of God's word, equipped them to do great works for the Lord, how to love people, and fulfill God's great purpose. They lived life TOGETHER.

WHAT ARE LIFE GROUPS?

At Kings Cathedral and Chapels (K.C.), life groups are an opportunity for small groups of people to build relationship and find significance. Life groups play an important role in keeping our church personal as we continue to grow. The purpose of life groups is to create healthy Christians by growing our relationship with God and others through fellowship, study of the word, and prayer.

“Two are better than one, because they have a good reward for their toil. For if they fall, one will lift up his fellow. But woe to him who is alone when he falls and has not another to lift him up! Again, if two lie together, they keep warm, but how can one keep warm alone? And though a man might prevail against one who is alone, two will withstand him-- a threefold cord is not quickly broken.”

ECCLESIASTES 4:9-12

WHAT DO LIFE GROUPS OFFER?

1. Life groups offer connection and growth

“And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.”

HEBREWS 10:24-25

2. Life groups offer prayer

“For this reason, since the day we heard about you, we have not stopped praying for you. We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives”

COLOSSIANS 1:9

3. Life groups offer an opportunity to serve.

“Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms.”

1 PETER 4:10

4. Life groups offer freedom.

“And you will know the truth, and the truth will set you free.”

JOHN 8:32

LIFE GROUPS AT K.C.

Because we live in a fast paced society, K.C. has created life groups that thrive throughout the week. They meet once a week on different days at various times and locations. These groups are a way for all to engage in a community where Biblical foundations are taught and fellowship is emphasized.

LIFE GROUP OUTLOOK

At K.C. we understand people have busy schedules. That is why we want leaders to incorporate groups around fun activities they are already doing. Whether you like to fish, hang at the beach, or like to visit different restaurants, you can form a group around it! All groups will fall under one of these categories.

- Women
- Men
- Marriage and mixed
- Generations (Kids, youth, young adults, & seniors)
- Freedom
- community (Impact seminars)

GROUP STRUCTURE

Groups are broken down into three semesters, each 13 weeks.

Winter/Spring: January- April

Summer: May- August

Fall: October- December

Groups meet weekly.

Groups meet in various venues including, but not limited to, church, restaurants, coffee shops, homes, parks, and malls.

In every meeting, groups should include

1. Fellowship
 - Have fun
 - Have food
2. Prayer
 - Nation & state
 - Our church
 - Your group
 - Our pastors
 - Individual needs
3. Spiritual component
 - Sharing what God is doing
 - Word of God
 - Talk about a verse you read
4. Discussion
 - Can be discussion about sermon or book study

THE HEART OF A LEADER

What is Platform of Ministry?

As leaders, we have been given the incredible gift from our senior pastor to minister to others here at K.C. It is important to submit to authority and be responsible to foster this gift wisely. Platform of ministry protects the local church from division. Below are ethical behaviors that should not take place as a leader.

What life groups are not

- A place of business
- A place of proselytizing
- A place unapproved announcements, materials, or speakers
- A place to borrow money

Exiting

Should you decide to part ways with K.C., have an exit strategy that does not undermine the local church.

- Raise up your assistance to take over the group
- Do not 'bash' others in the process
- Talk with your leader and pastors to be blessed as you go

What does it mean to be a leader?

Being a leader not only means you grasp the vision of K.C., but you are walking in the purpose God has destined as you help build up the church.

Discover Review

Learned Leaders

- Love God
- Pursue excellence
- Speak life
- Love people
- Choose joy

Leader are

- Holy
- Committed to the Lord
- Committed to KC and its vision.
- Being transformed into Christ's image.
- Submitted to their leaders
- Faithful
- Loyal
- Fruitful

NOTES

Life Group and Dream Team leader requirements:

- A Christ follower
- A Christian who lives according to the Word
- A believer who is Spirit-filled and Spirit-led
- A member of King's Cathedral and Chapels
- Have completed required Discover Track
- Attends at least one weekly service and serve in those services
- Attends life group/leadership team nights
- Committed to personal spiritual growth and leadership development
- Faithful in their tithes and offerings
- Passionate about God and His people
- Supportive of the vision and direction of KC

Life Group & Dream Team assistant requirements:

- Be committed to God
- Be committed to KC
- Be committed to your life group

What a life group & dream team leader does:

- Always looks for opportunities to invite new people to groups
- Grows their life group or team through connecting with others (members and non-members, workplace, neighborhood, etc.)
- Raises up new leaders
- Evaluates growth and progress within their group/team
- Respond quickly to life group/team inquiries
- Follow up with group members weekly
- Reports attendance
- Pray and care for those in their group (needs, hospital visitations, deaths, etc.)
- Organize and plan gatherings/outreach opportunities with their group (Christmas, birthdays, soup kitchen, etc.)
- Encourages group to attend any/all of the weekly services and trainings

What a life group or team assistant does:

- Fill in gaps (awkward moments, rephrase questions, etc.)
- Monitors time
- Helps coordinate activities and snacks
- Helps with follow up
- Steps in to lead if leader is sick, out of town, etc.
- In training to be a leader

THE ROLE OF A LIFE GROUP LEADER

Just as Jesus equipped his disciples to do good works for the Lord, you as a life group leader will help the people in your group to move closer to God and in their purpose.

“With upright heart he shepherded them and guided them with his skillful hand.”

PSALM 78:72 ESV

As a leader, you should always help your group member find their NEXT STEPS. Every person will be at a different level in their life. Next steps include, but are not limited to:

- Make a decision to have a relationship with Christ
- Start attending a Sunday service
- Reading the Bible consistently
- Praying consistently
- Be water baptized
- Join the Dream team
- Start tithing
- Invite neighbor, co-worker, or friend to life group or church

Before the group

Preparation should always be considered before your group begins. Ask yourself these questions

- Have I consistently prayed and read my Word this week?
- Have I looked over this weeks material and gained an understanding for myself?
- Have I followed up with my assistants and group members?

During the group

Whether you are in your home or the marketplace, create an atmosphere that is fun and inviting.

Ask yourself,

- Am I making people feel welcome when they come in?
- Am I connecting with everyone in the group?
- Are group members connecting with each other?
- Am I respecting people's time?
- Are people growing spiritually from the material I chose?
- Are people having fun?
- Are we encouraging each other through prayer?

After group

It is important to evaluate yourself and how the group went in order to bring clarity and get better as a leader.

You are not alone

A coordinator is someone who oversees three to five life group leaders or team leads. This person is committed to helping current leaders to be successful at leading, growing, and multiplying groups. They will periodically visit your group and dedicate time monthly to personally meet with you.

The care connection

There will be situations from people in your life group that may require special attention and resources outside of your comfort zone. For this reason, we have a great staff, ministers, and pastors that you can refer them. Please have them contact the church office to schedule a meeting time.

TIPS FOR A SUCCESSFUL LIFE GROUP

Prepare

Make sure to study before the group. Look through the questions and answers, look up related scriptures, and pray for the meeting. Teams make sure all areas are in excellent condition and ready for people.

Timeframe

You should meet with your group once a week during the life group season. Many people have children and start their day early. Please be respectful of people's time by starting and finishing on time. Life groups typically should be 90 minutes. Make sure to close the meeting so others that need to leave feel free.

Counting 'Sheep'

Every person that is a part of your group is important. As leaders, it is imperative that you keep up with the people you do life with. If someone is missing, please be sure to connect with them. Because it is important to keep track of who is attending your group, attendance should be taken weekly.

*If any of your information ever changes, PLEASE remember to update with your coordinator.

Tips for adult life groups with children

- Make sure everyone takes time to help children put everything back in place before you leave.
- Encourage a 'pot blessing' to make it easy for people who may have a strained schedule.
- Life group leader and assistants build relationship with the children and help them feel connected.
- Plan social gatherings with children in mind. I.E. Park or beach.
- Find someone (young adult) that can do a lesson and activities with the children.
during life group. Consider everyone compensating that person for their time and gas.
- Please make sure ALL doors remain open.

Connect

Take approximately 20-30 minutes to eat and have conversation with your group. During this time, make sure a lead and/or assistant has connected with all members in your group.

Curriculum/discussion

Our life groups can follow pastors Sunday sermon series or approved books. By doing this, we are creating a n atmosphere where the church is flowing and growing together. Reflect what was taught and bibically discuss how it can be applied to daily living.

Group dynamics

- No meetings after group
- Have an exciting group
- Get the whole group to participate
- Move on from unrelated subjects
- Questions on theology can be refered to a pastor
- Redirect those who monopolize a group
- Be sensitive to include people in your outside activities
- Keep your group open for anyone to join
- Be careful not to embarass others
- Give everyone an opportunity to share what they have learned
- Teach everyone to wait their turn, actively listen, stay on topic, and keep it brief

Prayer

Always make time to pray.

- Pray for any request shared
- Pray for revelation and transformation
- Pray for community, pastors, and nation

Evangelism

Here are a few ways your group can evangelize together.

- Pray for and invite new people to your group
- Plan to do a church-wide outreach together
- Join other organizations and help others

LEADER READY

How Do I Start My Life Group?

- Complete Discover track and Lead class
- Pray and make a list of 5-10 people who you would like to see in your team and life group (ex: neighbors, co-workers, friends, family)
- Start building a team (Each life group and team should have 1 leader and 2 assistants)
- Choose a topic or activity for your group, time, and day to meet.
- Register your group.
- Invite, connect and follow up with people who want to join or who are interested
- Be excited and passionate
- Ready, Set, Go!!!

The best way to find people for your life group and team is through face to face interaction. Be intentional in getting to know the people around you. Consider serving on a team. These avenues provide you a chance to meet people and invite them to join your group.

READY CHECKLIST

CHECKLIST	YES	IN PROGRESS	NO
Are you a member of King's Cathedral and chapels?			
Have you completed King's chapel Oahu Discover track?			
Have you registered?			
Have you completed the Discover track one-on-one interview?			
Have you signed the life group commitment form?			

APPENDIX

WHO WE ARE

PEOPLE

We are a church that loves and cares for each individual and has a desire to serve all ages and ethnicities.

POWER

We are a church that believes in the transforming work of the Holy Spirit to move through each life.

PURPOSE

We are a church that is passionate about reaching the lost by impacting our community through personal involvement and Christ's love.

OUR CORE VALUES

OUR MISSION:

Experience **LIFE** with people, power, and purpose.

1. People

- Personal- Galatians 6:2, 1 John 1:1-4, Romans 12:10-13
- Encouraging- Hebrews 10:24-25, 1 Thess 5:11, Hebrews 3:13
- Equipping- Ephesians 4:11-12

2. Power

- Praying - Matthew 7:7-11, James 5:13-16, 2 Chronicles 7:14
- Worshipping - Romans 12:1, John 4:24, Psalm 100:4
- Spirit-filled- Acts 1:8, Romans 12:6-8, 1 Corinthians 12:8-10, John 14:15-21, Galatians 5:22-23

3. Purpose

- Serving- Matthew 20:25-28, 2 Corinthians, 5:6-10, 1 Peter 4:5-11
- Impacting- Mark 16:15, Matthew 5:13-16, Acts 19:17-20, Acts 17:6
- Multiplying- Acts 9:31, Acts 2:45-47, Matthew 28:18-20

ETHICAL RULES OF BEHAVIOR

Counseling

Do not counsel a person of the opposite sex privately. Only minister women with women, men with men, or with couples, otherwise refer them to a pastor or church counselor. If one receives a call late at night, don't visit at home by yourself unless the whole family is there. Never visit someone of the opposite sex alone.

Proselytizing

If your friend, neighbor or relative is saved and is attending a Christian church in which they are growing spiritually, do not attempt to have them leave their church and come to King's Cathedral and Chapels. That may not be beneficial for them. But if they are not saved, or are not attending a Christian church regularly, then invite them to come. If they would desire to leave their church and attend King's Cathedral and Chapels because their needs aren't being met at their home church, they will be welcome but Life Group leader should not encourage such actions.

Do not use relationships

developed through the Life Group for one's own personal gain in business. It is inevitable that there will be a growth in one's business as a result of being in a Life Group due to God's blessing and the natural concern of Christian brothers and sisters. No one in the group should try to take advantage of the love and closeness of the Life Group to sell a product or to make business contracts. A leader must lovingly warn those who are doing this to stop, lest some will be offended and lose out with God. You may pray with them for their business to prosper.

Life Group leaders must realize they are servants and need to respect the privacy of others.

One old adage asks, "What is better to give a person a fish or to teach him how to fish?" So it is true for Life Group leaders: have each person become dependent on the Holy Spirit, not on you for all the answers in his life. Do not undermine a Life Group member's individuality and personal responsibility by making all his decisions for him. Do not be caught in this web of over stressing one's authority. This is not to say that a Life Group leader doesn't get personally involved with the needs of his group; but making sure it is understood the Holy Spirit has the answers and brings the healing, not the Life Group leader. The whole Life Group should learn how to appropriate God's promises for their own lives.

Ending Leadership position:

1. The resigning of a ministry.

No one should feel his ministry is a life term. It may that one's desires change or circumstances cause him to want to do something else. That is fine; however, before one quits a ministry, he should contact the pastor concerning his intention of resigning from the ministry so that a new person can be appointed to take over his ministry and the transition be accomplished smoothly. Must fill out the CLOSING GROUP FORM with your District pastor or Ministry leader.

2. Transferring to another church.

If people are transferring their formal membership from one church to another on this island, the following advice should be given:

a.They should contact their pastor and mention that they are leaving to attend another church and the reasons why. This helps to cause the leaving to be one in which the pastor has input and is able to share his concern, love and prayers for them in the move. This is important because the pastor is responsible to God for them and he should be aware of the fact that they are no longer under his responsibility. It is also important as a respect to that pastor.

b.If they are involved in a ministry in that church, they should resign from the ministry but not leave the church until a replacement is found for their given ministry, or an appropriate amount of time has elapsed; thus their leaving would have a minimal effect on that whole congregation.

c.Relationships are affected by a move such as this. They must be aware that if they are leaving a church that loves Jesus and is serving Him, that they will be held accountable if they undermine that ministry by their compelling others to leave along with them.

No Outside Speakers or Announcements.

The Life Group is one part of the ministry of King's Cathedral and Chapels. Each Life Group is unique due to the personality and gifts of the leader and of those in the group. To violate this is to violate the nature of what the Life Group ministry is: an extension of the pastor, and the ministry of King's Cathedral and Chapels as a whole. This rule brings great liberty to the Life Group leader. It prevents the leader from having to be placed in the embarrassing situation of having someone press him to speak, or someone bringing a tape a desiring it played. There have been tragic results when outside speakers or tapes have been allowed free access to the group. False doctrine and confusion have resulted at times. Another possible problem is that of hurt on the part of other Life Group leaders who could feel favoritism has been shown and wonder why they didn't get the privilege of having a certain speaker.

Drinking and Smoking.

As a Christian, you represent Christ; as a Life Group leader, you represent the pastor and the ministry of King's Cathedral and Chapels. The pastor does not drink alcoholic beverages or smoke.

Here are the reasons:

1. Christ has called each believer to freedom, the Scriptures record, "Whom the son sets free is free indeed." Both of these activities are habit forming, causing bondage to those who participate in these actions.
2. Both of these have known severe negative effects on one's physical body. As a Christian, we are to realize that our bodies are temple of the Holy Spirit, and thus we should not knowingly destroy our bodies through harmful habits.
3. It is interesting that the non-believer denotes alcohol use and smoking as characteristics of the world. The Christians who participate in these things are usually seen by non-Christians as hypocrites. This is because the world inherently sees something wrong with these activities. Therefore, these activities can affect one's positive testimony to the world.
4. In 1 Corinthians 8:9, Paul states, "But take heed lest by any means this liberty of yours become a stumbling block to them that are weak."

These activities could be a stumbling block to the Christian, for many Christians feel the indulging in these activities is wrong and sinful. Oftentimes, when a Christian sees a fellow Christian participating in their use, he will think less highly of his Christian brother, stumble in his own faith and revert back to the very habits that he once turned his back on. It is for this very reason that we don't drink wine during the communion service, so that we don't exclude former alcoholics.

The Scripture specifically talk about alcohol abuse. Drunkenness is a sin. When one is drunk he can open himself up to be manipulated by demonic spirits, causing one to do things he wouldn't normally do. Galatians 5:21 states, *“Envyings, murders, drunkenness, revellings and such like: of which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God.”*

There is also an indication that there were those who felt the best way to keep from this sin of drunkenness was not to drink alcohol at all. Timothy was one who felt this way. In 1 Tim. 5:23, Paul encourages him to drink, *“No longer water, but use a little wine for thy stomach's sake, and thine often infirmities.”* This is because we can assume that he didn't drink wine or any alcoholic beverage, and this was at a time when wine was a common drink. One may want to follow his example. The Scriptures call us to be moderate, yet there are those to whom the drinking of alcohol becomes bondage, and therefore the best policy is one of complete abstinence. In Life Group of these insights, the pastor does not drink and expects Life Group leaders to represent him in this area.

One should not put others down over the fact that they drink. However, if they are getting drunk, that is a sin and they must be rebuked. For those who are in the bondage of these habits one should pray they will be set free.

Sexual Sin

Sexual sin is a distorted view of intimacy that is supposed to be between husband and wife. Examples of sexual sin are fornication--pornograghy, sex outside of marriage, and cohabitation; lewdness and adultery. The Bible clearly states, *“For you know what instructions we gave you through the Lord Jesus. For this is the will of God, your sanctification: that you abstain from sexual immorality; that each one of you know how to control his own body in holiness and honor, not in the passion of lust like the Gentiles who do not know God; that no one transgress and wrong his brother in this matter, because the Lord is an avenger in all these things, as we told you beforehand and solemnly warned*

you. For God has not called us for impurity, but in holiness. Therefore whoever disregards this, disregards not man but God, who gives his Holy Spirit to you.”

1 Thessalonians 4:2-8(ESV)

As life group leaders, we expect everyone to uphold the standard that God gave us in His word. If you are having issues in one or more of these areas, you are not alone. Repent, find strength and wholeness in the word of God, and find a coach, minister, or pastor that can come alongside to help you through the process of true freedom.



EXPERIENCE LIFE
PEOPLE | POWER | PURPOSE

**THIS BOOKLET
BELONGS TO:**